

1. About the race

The 5th. Gyilkosto Adventure Race is a non-stop orientation race. Possible tasks of the race are: cross-country running, alpine techniques, rock-climbing, exploring caves and cross-country biking. The teams are free to choose their time of rest.

Organizers provide equipment for alpine techniques and assure permanent medical and technical assistance. Teams are classified according to their time of arrival with respect to the competition rules.

It is possible to finish the race without reaching all checkpoints or finishing all tasks. In each case penalty points will be added that will add on to the overall time of completion. This adventure race is not just a sporting event, rather it is a strategic game- it is up to the athletes to decide on the place and tactics of your performance. The main objective is to finish the race!

Attention to teams with sponsors! Teams must communicate names of sponsors and send logos to the organizers. Logos can appear on the website and at the start and finish gate of the race. Teams with sponsors can wear logos and names of their supporters on their clothing.

The competition is to test the teams:

- physical fitness
- ability to safely traverse mountainous terrain
- orienteering ability
- team spirit
- personal equipment of team members
- ecological spirit
- how the special tasks are handled

From start to finish, the team is a self sufficient unit, responsible for its own safety and well being. Outside help cannot be sought or accepted, unless the team has retired from the race or is seeking help for an injured party.

2. Teams

Teams formed by **two** persons can enter the competition. Teams can bring a helping member with them, who can be of assistance to the team at check points. Each team will name a team captain who will provide communication between that team and the organizers. The team captain has the following responsibilities:

- Receives any documents, equipment or any other material provided for his team by the race organizers. This includes the route map, race card and individual team member i.d. cards.
- Takes part in the technical meeting on the evening before the race start.
- Writes, if necessary, any contestation regarding the competition.
- Speaks in the name of the team members in discussion with the organizers and is responsible for providing team information to the race organizers.

During the competition no changes regarding the team members are allowed. If for any serious reason, the members of the team must be changed before the beginning of the race, and all registration will need it to be completed by that new member in order to be accepted as an official team member.

3. Race timing

The competition is a non-stop race where the winners are decided by the team that has the overall shortest elapsed race time from start to finish. At different check points team times will be checked only for progress. One important thing to remember is that at each check point all the team members must arrive together.

The competition starts on Friday, 17th of July, at 8 AM and lasts until Sunday, 19th of July, 10 AM, giving a 50 hour time limit. It is the decision of the individual teams as to how they want to use their time to complete the race.

Those arriving after this deadline will be automatically disqualified.

4. Panel of judges

There will be a panel of judges who will supervise the race development and make sure teams are following the rules. This panel will be selected according to their professional skills and ethics from groups or associations which have no teams participating in this competition. They will be present at each of the check points along the race route.

The panel of judges will be coordinated by a central group of three judges who will also move along the route throughout the entire race and supervise the race development .

5. Race rules

- All four team members must stay in visual contact with one another for the duration of the race and must never have a distance greater than 50 m between the team members throughout the entire race.
- All teams are starting together at 8 AM
- On the team race card there is the phone number where teams can announce the withdrawal of their team and/or ask for assistance. If a team withdraws, they must return their race card to the judges located in the base camp.
- Each team will receive the map with the section routes and the check points as well as a race card that will be signed at checkpoints along the race route. They must keep these items with them during the entire competition.
- Each participant will have a personal identification card which he must wear during the entire competition.
- The participant identification cards will be checked and the race cards will be signed at each check point. If any team is missing any of these checkpoint signatures, they will be disqualified from the race or will get penalty minutes.
- Race participants must be aware of and protect the environment during the entire competition. That means that all garbage must be carried out to be disposed of at the base camp and camp fires are expressly forbidden.
- Each team must know how to use/wear/have all the equipment referred to on the equipment list.

- The use of alcohol and/or non-prescription drugs is forbidden during the entire competition.
- The teams which don't complete the race sections within the given time limit will be disqualified.
- GPS (Global Positioning System) devices are expressly forbidden from being used in this race.
- The teams has to spend their rest in a check point.
- Teams will be checked by official judges at the base camp and each of the checkpoints to ensure they have the required equipment and are not carrying anything forbidden in the race rules.
- The teams may have supporters who can help with preparations, but they are not allowed to enter the route or to substitute team members. They may stay only in the locations of the Start, base camp, CP at rowing on the lake and the Tyrolean traverse CP.
- The organisers have the right to modified the route, if it's not safe.
- The team is finishing the race if they complete all the check points.

6. Contestations and Penalties

In the event that the above rules are not followed, the team breaking those rules will either be penalized or completely disqualified from the race.

Penalties will be decided by the panel of judges based on the complaint lodged and the observations made by the judges at the check points. Any penalties will be announced within an hour after the team finishes the race.

Any contestation regarding the competition must be written and given to the panel of judges during the competition within a maximum of one hour after finishing the race. After this time the organizers will not receive any contestations. The panel of judges will review the contestations and will make a final decision within one hour maximum after receiving the contestation.

Time penalties

Event	Disqualified	Time penaliz.
Use of alcohol and/or non-prescription drugs	X	
Fals identification	X	
To sabotage, destroying the race equipment	X	
Useing prohibited transport conditions (ex. car, motocicle, quad)	X	
Missed check point		180
Withdraw of a teammember		240
External help in the route	X	
Not keeping the safety rules		60
Loosing the race card		120
Leaving trash		60
Loosing the race number		60
Not wearing the race number		15
A distance bigger than 50 m between the team members		30
A distance bigger than 5 m between the team members in check points		15

Using prohibited routes		60
Not using the obligatory route		60
Destroying the direction indicator		60
Don't have lamps		60
Dont't have the obligatory equipment		60
Lighting fire in a prohibited area		120

7. Mandatory Equipment

The mandatory and prohibited equipment for all participants will be checked at the start in each section, as well as in CPs by staff of the race.

For each team:

- 1 waterproof map cover
- medical kit
- 1 compass
- 1 wistle
- match
- 1 mobilephone

For each team member:

- 1 lamp (headlamp)
- 1 knife
- 1 bottle
- 2 m long rope
- food for 2 days
- the race number
- 1 mountain bike
- 1 helmet for bikeing

Recomended equipment:

- a tent for each team
- a sleeping bag for each team member